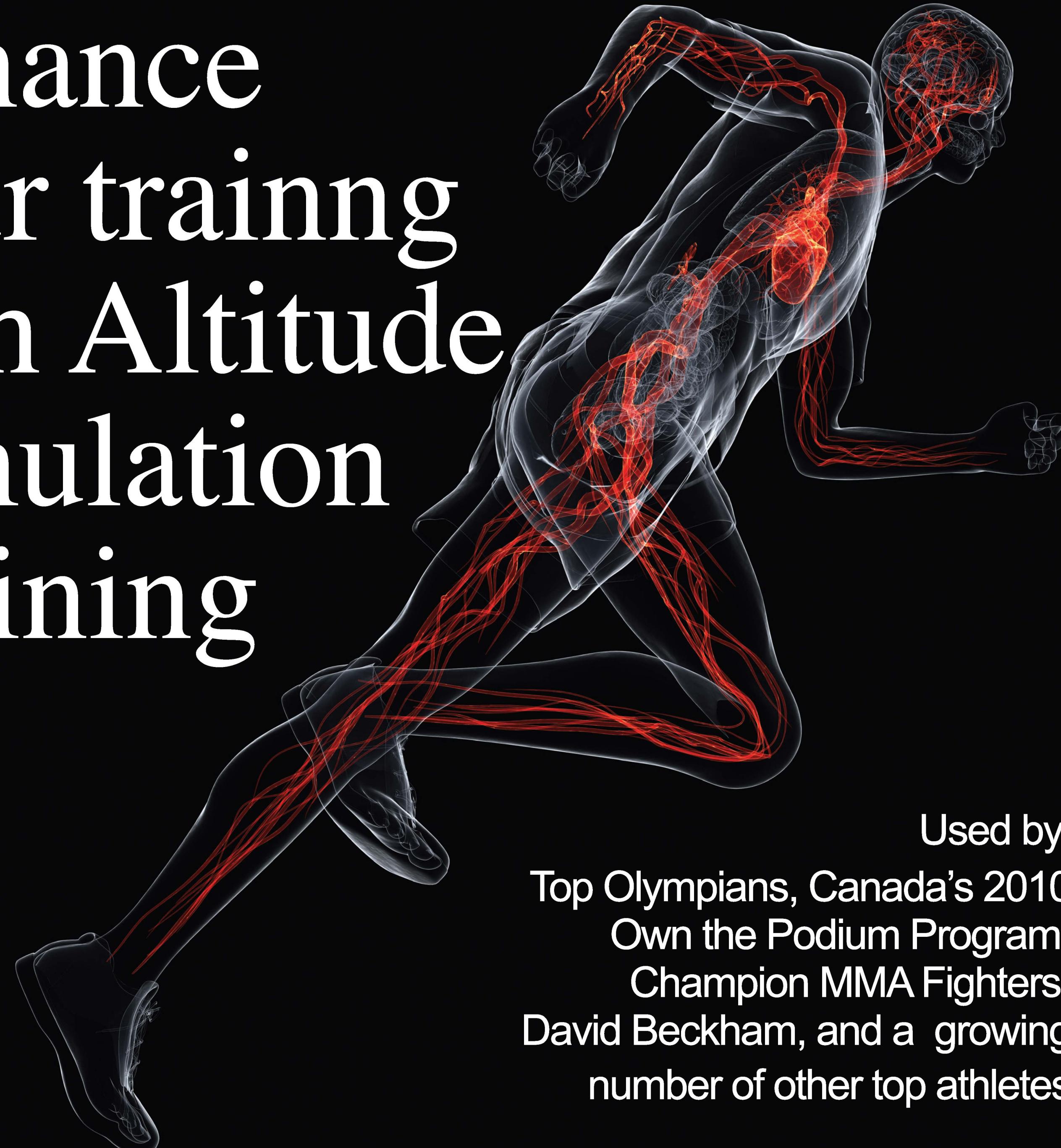


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Top Olympians, Canada's 2010
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Altitude Simulation - Athletes **HIGHER FASTER STRONGER**

PROVEN BENEFITS

- Increased V02 max & Lactate Threshold
- Increase Muscle Mass & Explosiveness
- Increase strength and endurance
- Increased EPO & Blood oxygen delivery
- Reduce post training recovery time
- Increase Growth Hormone & Testosterone
- Maintenance of cardiovascular fitness when injured
- Recover faster between games and shifts

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